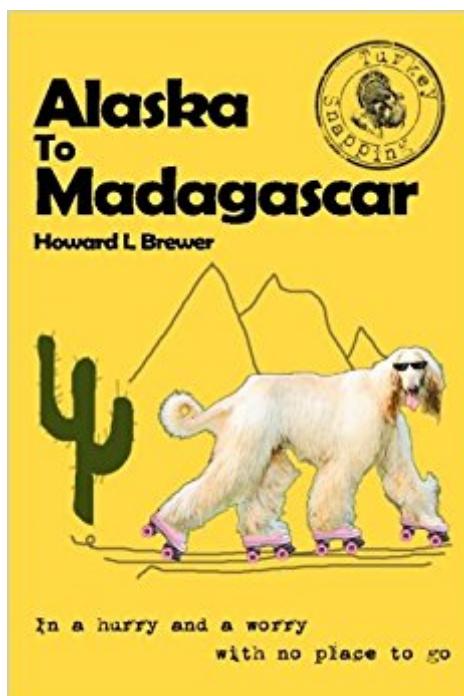


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# Alaska To Madagascar: In A Hurry And A Worry With No Place To Go



## Synopsis

Let me endear you into a life of a disturbing madness. From flying with nothing beneath my feet other than jumbo jets and hurricanes, to a pack of wild hyenas chasing me down in the darkest corner of my self-destructive mind, all while being held together with so much adrenaline you could fuel the Israeli army

## Book Information

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## Customer Reviews

Iâm sure everyone has got a story or two in them worth sharing and looking over the last twenty years of my life through dyslexia, bodybuilding, steroids, hitchhiking on L.S.D. Playing the Muppets theme tune on my trumpet high up on the tops of volcanoes throughout Central America while snorting hideous amounts of cocaine. Not including meeting up with God on the South Island of New Zealand. A nice dose of mental illness and riding a motorbike to the borders of Iran and back, while suffering from poisonous anxiety, leaving me to camp in hospital car parks throughout Eastern Europe. Self-medication with unknown antibiotics to feel safe, and many other stupid ass things I could have really done without, while all being held together with an ego the size of the planet. After all I am a wheeler dealer chicken stealer. Yeah, I think itâ™s worth sharing. Let me endear you into the life of one manâ™s journey to a disturbing madness. From flying high with nothing beneath my feet other than Jumbo jetâ™s and hurricanes, to a pack of wild hyenas chasing me down in the darkest corner of myself destructive mind, Iâm no Bill Bryson! I am lucky to still be here, I know that much. Though friends think what Iâ™ve done over the years is great and Iâm living life to the fullest, and yes for some days I would have to agree, but other days I could sit down and cry. I donâ™t know if what Iâm about to write will inspire you to get up and travel this crazy world or to

stay at home tucked up in bed, itâ™s a tossup, Iâ™d give it 50/50! The more I think about it, I guess Iâ™m writing about drug abuse, mental illness and the suffering that it can bring, and the hope that it will give people a better understanding how scary mental illness can be to its sufferers...

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Alaska to Madagascar: In a hurry and a worry with no place to go Binding the Spirit of Fear, Worry and Depression: Divine Revelations and Powerful Prayers to Bind and Cast Out Fear, Worry, Depression & Panick Attacks from Your Life Permanently "Do Not Worry, Do Not Be Anxious, Do Not Be Afraid": A Self-Help Manual for People Who Worry a Lot and Suffer Anxiety and Fear The Worry Trap: How to Free Yourself from Worry & Anxiety using Acceptance and Commitment Therapy The Worry Workbook for Teens: Effective CBT Strategies to Break the Cycle of Chronic Worry and Anxiety Adventure Guide Inside Passage & Coastal Alaska (Adventure Guide to the Inside Passage & Coastal Alaska) (Adventure Guide to Coastal Alaska & the Inside Passage) The Worry Cure: Seven Steps to Stop Worry from Stopping You Madagascar (Bradt Travel Guide Madagascar) Lonely Planet Madagascar & Comoros (Lonely Planet Madagascar) (Multi Country Travel Guide) Madagascar 101 tidbits to expand your knowledge when visiting Madagascar Madagascar: related: madagascar, africa, savannah, lakelands, Great Rift Valley, Antananarivo, Ambohimanga, Baobabs, Amboseli, Tanzania, Somalia Madagascar Highlights (Bradt Travel Guide Madagascar Highlights) Soup Diet Cookbook: No Wheat; No Gluten; No Hunger; No More Belly Fat!: 35 Yummy Soups and Smoothies to Lose Weight and Belly Fat Naturally Without Hunger; ... Friendly (How To Cook Healthy in a Hurry) CROCK POT Dump and Go Recipes: Quick and Easy Meals Ideas for When Youâ™re In a Hurry: (Crock pot recipies, Slow Cooker recipies, Crock Pot Dump Meals, Crock Pot cookbook, Slow Cooker cookbook) Hurry and the Monarch Hurry Up and Wait Hurry Down Sunshine: A Father's Story of Love and Madness Learn Sign Language in a Hurry: Grasp the Basics of American Sign Language Quickly and Easily Astrophysics for People in a Hurry Hurry Up, Houdini! (Magic Tree House (R) Merlin Mission)

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